

THE ANGIOEDEMA CONTROL TEST (AECT):

A simple way to assess disease control^{1,2}

The AECT is a 4-item standardized questionnaire that may give you insight into your patients' hereditary angioedema (HAE) burden and how their disease control has changed over the past 4 weeks.

It's been clinically validated to help identify patients with poor disease control.^{1,*}

Using the AECT^{1,3}:



Your patients answer 4 simple questions about the past 4 weeks of attack **frequency**, **quality of life**, **unpredictability**, and overall **disease control**



Patients rate each question on a scale of 0 to 4

Scoring the AECT



A score of 0 to 9 means HAE is poorly controlled.¹

Consider adjusting your patient's treatment plan. You can use the AECT to track patient progress. A 3-point improvement is clinically meaningful.²

A score of 10 or higher means HAE is well controlled.¹

Your patients can retake the AECT to monitor disease control in future visits.

*The AECT was validated in 81 patients with recurrent angioedema, including 25 with HAE or acquired angioedema due to C1-inhibitor deficiency. It was not specifically validated for HAE.¹

MAKE THE AECT PART OF YOUR ROUTINE PATIENT CARE IN HAE

Using the AECT in your practice may help you¹:

- ✓ **Identify patients with poorly-controlled disease** (AECT score 0 to 9)
- ✓ **Guide treatment decisions** and potentially guide when to change a patient's treatment to get better control of HAE
- ✓ **Track patient progress** to see how their disease control changes over time
- ✓ **Better understand** the full extent of your patients' HAE **disease burden** and build a consistent way to reassess this in every visit



Leave the AECT in your waiting room or consult room.

You can also download the AECT at [HAEuncovered.com](https://www.haeuncovered.com)

References: **1.** Weller K, Donoso T, Magerl M, et al. Validation of the Angioedema Control Test (AECT)-A patient-reported outcome instrument for assessing angioedema control. *J Allergy Clin Immunol Pract.* 2020;8(6):2050-2057.e4. doi:10.1016/j.jaip.2020.02.038 **2.** Fijen LM, Vera C, Buttgeriet T, et al. Sensitivity to change and minimal clinically important difference of the angioedema control test. *Clin Transl Allergy.* 2023;13(9):e12295. doi:10.1002/ctlt.12295 **3.** Weller K, Donoso T, Magerl M, et al. Development of the Angioedema Control Test-A patient-reported outcome measure that assesses disease control in patients with recurrent angioedema. *Allergy.* 2020;75(5):1165-1177. doi:10.1111/all.14144



©2025 Ionis Pharmaceuticals is a registered trademark of Ionis Pharmaceuticals, Inc. All rights reserved. US-HAE-2500015 v1.0 05/2025

IS YOUR HAE TOO UNPREDICTABLE?

It's so important you get control of your hereditary angioedema (HAE). This simple questionnaire can give you and your doctor a good sense of how well your treatment plan is working for you.

Circle your answers below.

1 In the last 4 weeks, how often have you had angioedema?

Very often
0 points

Often
1 point

Sometimes
2 points

Seldom
3 points

Not at all
4 points

2 In the last 4 weeks, how much has your quality of life been affected by angioedema?

Very much
0 points

Much
1 point

Somewhat
2 points

A little
3 points

Not at all
4 points

3 In the last 4 weeks, how much has the unpredictability of your angioedema bothered you?

Very much
0 points

Much
1 point

Somewhat
2 points

A little
3 points

Not at all
4 points

4 In the last 4 weeks, how well has your angioedema been controlled by your therapy?

Not at all
0 points

A little
1 point

Somewhat
2 points

Well
3 points

Very well
4 points

Add up your score: _____

See what it means on the back!

YOUR SCORE HELPS YOU SEE HOW WELL YOUR HAE IS CONTROLLED

0 to 9 points

Poorly-controlled

It looks like you're feeling a lot of impact from HAE right now.

Talk to your doctor today about how much HAE is bothering you and ask about your treatment options. It could be time for a switch. Use this page to help start the conversation.

10 to 16 points

Well-controlled

Your score indicates your HAE may be well controlled. Share these results with your doctor and let them know how HAE is impacting your life.

Find this questionnaire
online along with more
support for living with
HAE at **HAEVNhub.com**



This document must not be copied or used without the permission of MOXIE GmbH (Co. Ltd.). For scientific or commercial use, or in cases where translation/localization will be carried out, please check the terms and conditions on www.moxie-gmbh.de.



©2025 Ionis Pharmaceuticals® is a registered trademark of Ionis Pharmaceuticals, Inc.
All rights reserved. US-HAE-2500016 v1.0 05/2025